


# FLEXIBLE SPENDING ACCOUNT Expense Worksheet

## Determining your Expenses

An example...Bill's daughter has braces that cost \$1,200 a year, Bill's cost after insurance pays 50% is \$600. Bill's wife has a monthly prescription that costs \$10 a month for a yearly total of \$120. Lastly, Bill's contact lenses and supplies will run him \$180 for the year. His total contribution is \$900.

## *A Worksheet for you...*

QUALIFYING EXPENSE <i>HEALTH CARE</i>	ESTIMATED ANNUAL EXPENSE	ANNUAL CONTRIBUTION
Medical Examinations	\$ _____	
Dental Examinations	\$ _____	
Eye Examinations	\$ _____	
Prescriptions	\$ _____	
Contact Lenses	\$ _____	
Chiropractic Care	\$ _____	
Orthodontia	\$ _____	
Psychotherapy	\$ _____	
Miscellaneous Expenses	\$ _____	
		
<b>TOTAL ESTIMATED ANNUAL EXPENSES</b>	\$ <input style="width: 100px;" type="text"/>	\$ <input style="width: 100px;" type="text"/>

When estimating expenses, you can include your spouse and any dependents you can count on your taxes. You and your dependents DO NOT have to be enrolled in the health insurance plan to participate in Flexible Spending.